



BULLETIN ANNOUNCEMENTS **May 2023**

EVENINGS WITH HIS EXCELLENCY – Bishop Wayne Lobsinger invites everyone to join him for “Evenings with His Excellency”. This is an opportunity to learn more about our Catholic Faith based on the Catechism of the Catholic Church. Class is the second Friday of each month, at 7:00 p.m. - 8:30 p.m. at St. Ann Church, Ancaster. This month we will continue our look at *The 10 Commandments*. It is also available by livestream on St. Ann’s YouTube channel. No cost, no homework, just an opportunity to learn about our faith, all are welcome.

YOUNG ADULTS NIGHT – JUNE 3, 2023 – Acton/Halton Hills- Fr. Mark Morley invites all young adults (ages 20s and early 30s) of our diocese to attend a night of Adoration, Fellowship and Praise Music. Arrival and Holy Hour (6:30pm-7:30 pm), Social with Food (7:30pm-8:30pm), Praise Night and Vocation Testimony (8:00pm-9:00pm), and Compline (9:00pm) on Saturday, May 6th, at Canadian Martyrs Catholic Church and Chaplaincy, 1349 Main Street West, Hamilton Ontario. Sponsored by the Vocations Office of the Diocese of Hamilton. For more information, please contact: vocations@hamiltondiocese.com.

PARENTING TIP OF THE MONTH - Parenting Tip - Frenemies is a term used to describe a relationship where people are friendly, but share an underlying dislike or rivalry. Unfortunately, sibling relationships can often end up in this category. As far back as Cain and Abel we see sibling rivalry impacting relationships. Parents can prevent sibling rivalry by remembering the following: allow each child to develop different interests; praise each child equally for their different gifts and talents; spend individual time with each child; refrain from taking sides in an argument but help children to work it out between themselves; engage in fun family activities together; pray for each other by name. Parents can indeed help reduce the amount of sibling rivalry in their children’s lives and help them to find love and support from their siblings that can last a lifetime. From: Family Ministry Office; 905-528-7988 ext. 2250.

MARRIAGE TIP OF THE MONTH - Marriage Tip 130 - “United We Stand” is the title of a 1970’s song by the Brotherhood of Man. The song may be old, but the lyrics contain words that every married couple would do well to look at and memorize. The song is really a reminder that couples should always support each other, have each other’s backs and stand by each other in times of trial. We often forget to keep this context at the heart of our marriages and can antagonize each other instead of support; move apart rather than together. So, remember the words from the song and repeat them to each other often: “For united we stand, divided we fall, And if our backs should ever be against the wall, We’ll be together, together, you and I.” From: Family Ministry Office, 905-528-7988 ext. 2250.

“SPEAKING LIFE AND TRUTH INTO OUR CULTURE” CONFERENCE DAY – The Family Ministry Office is partnering with Alliance for Life Ontario and Hamilton Right to Life to offer a one-day conference looking at some of the facts surrounding the life issues which are not often spoken or read about. Dr. Lile will speak on the known facts about the abortion pill, Alex Schadenberg will discuss the ever-growing concerns regarding euthanasia, Teresa Hartnett will present on the importance of pregnancy support & abortion recovery counselling and Jakki Jeffs will look at how we speak life and truth into our culture. A day of learning for all in attendance. Join us Saturday June 17, 2023 from 9 – 4 pm. Adult Tickets: \$75.00; Student Tickets: \$45.00 – both include lunch and beverages throughout the day. For more information go to <https://allianceforlifeontario.ca/event/2023-conference/> A Gala Dinner will take place on Friday, June 16th, 2023 where all are welcome. See the same link above for more information.

GRIEF RELIEF - Has someone you cared about died? Are you grieving the loss of the person's presence in your life? The Diocesan program is full and will run again in the fall to assist those grieving to learn more about what they are feeling and how they can move forward, but you are not alone! Check out the Diocesan website to see what other programs are available to you: <https://hamiltondiocese.com>.

LOOKING FOR SOME LEARNING, SUPPORT AND FUN ON A FRIDAY EVENINGS? Join our RESTART: Refresh, Renew, Revive group held the 2nd & 3rd Fridays of each month. These get-togethers offer continual support and insights for people as they journey through the divorce/separation process and beyond. Join in-person (700 King St. West, Hamilton), or by ZOOM. No registration required, but for ZOOM link please contact Sarah at familyministry@hamiltondiocese.com, or 905-528-7988 ext. 2249. We look forward to seeing you!

ADULT FAITH FORMATION THROUGH VLCFF – The Diocese of Hamilton is proud to partner with Dayton University's Virtual Learning Community for Adult Faith Formation (VLCFF) to offer certificate programs for ministry and enrichment for adult faith formation. We are currently taking enrollment for the Youth Ministry Certification Program and the Catechist Formation Program for the Diocese of Hamilton, which begins in September 2023. Three and five week e-seminars are also available at a discounted rate for all adults in the Diocese looking to further their learning. For more information about our programs, and how to register, visit us at www.hamiltondioceselearns.com.

TO INFORM, ENCOURAGE AND HEAL - June is Indigenous History Month in Canada. We invite you take time in this season to learn more about the Catholic Church's commitment to ongoing reconciliation efforts with Indigenous communities through a four-week learning opportunity through the VLCFF (Virtual Learning Community for Adult Faith Formation). To learn more about this study, please visit us at www.hamiltondioceselearns.com.